

InSpire Magazine

Featured Recipe

October 2005

Pumpkin Bread

1 2/3 cups flour
1 1/2 cups sugar
1/4 teaspoon baking powder
1 teaspoon baking soda
3/4 teaspoon salt
1/2 teaspoon ground cloves
1/2 teaspoon cinnamon
1/2 teaspoon nutmeg
1/2 teaspoon allspice

Stir dry ingredients together. Add:

1/2 cup oil
1/2 cup water
1/2 can pumpkin (15 oz. can)
2 eggs
2 tablespoons applesauce

Mix together. Bake one and a half (1.5) hours at 350 degrees. Makes 1 large loaf. Recipe can be doubled to use up the can of pumpkin and loafs can be frozen. This recipe also makes 4 mini loaves (bake 45 minutes) or 21 muffins (bake 20 minutes).