

InSpire Magazine

Featured Recipe

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Pineapple Fruit Dip

3 ½ cups cold skim milk

1 package (4-serving size) JELL-O brand White Chocolate flavor instant pudding & pie filling

1 8-ounce can crushed pineapple, well drained

Mix milk and pudding. Beat with a wire whisk 1 minute. Stir in pineapple. Let stand 10 minutes until slightly thickened. Serve with assorted fresh fruit. Store leftover sauce in refrigerator.